

# **UCSB Graduate Program Co-Facilitator**

This position serves to co-lead the multi-week workshop series, *Thriving*. Not *Just Surviving*. They work with our dedicated programming team to offer inclusive, accessible, and appropriate programming. This role's estimated weekly time commitment is 3 - 5 hours and varies by time of year and your availability.

### Responsibilities:

- Participate in scheduled trainings before facilitating workshops
- Serve as a co-facilitator for *Thriving*, *Not Just Surviving*, a workshop series for survivors of interpersonal violence (sexual assault, stalking, dating, and domestic violence) which entails:
  - Regularly correspond with participants and potential participants enrolled in the assigned small group
  - Setting up the workshop space before each workshop
  - Leading check-in and check-out discussions at the beginning and end of each workshop
  - Providing relevant and appropriate emotional support and resources to participants, including during times of distress (ie. anxiety/panic, triggered by content, etc.)
  - Advocating for the needs of participants
  - Being mentally and emotionally present during workshops
- Serve as an active resource for survivors and assist with connecting participants and community members to support services
- Share program feedback and constructive feedback on improvements
- Maintain high professionalism and represent *The Thriving Initiative* positively within the organization and outwardly to the community

## Additional (optional) Opportunities:

- Serve where needed and your time allows, to help; select community providers, create program curriculum, select materials to purchase, and conduct survey data
- Assist in interfacing with local providers and community instructors
- As a graduate student programs officer, opportunities may be presented to mentor undergraduate officers and to work with the UCSB program development teams
- Attend at least 50% of biweekly team meetings, unless a scheduling conflict exists, in which case an alternative plan can be arranged

#### Expectations:

We are looking for a passionate UCSB Graduate student striving to be a part of the change they'd like to see in the community. We are looking for someone devoted to our mission to "inspire resilience in response to violence by promoting holistic community healing initiatives." We understand there are a lot of expectations for this position, we will be accommodating to

your schedule as a graduate student, and if selected, you will be trained and prepared to take on each responsibility.

#### An ideal candidate should have:

- Strong interpersonal, leadership skills, and public speaking skills
- Google Workspace skills, or a willingness to learn
- The ability to see the strength in others and help everyone feel included
- Good organizational, written, and communication skills
- Great problem-solving skills
- Strong sense of commitment to the mission
- Familiarity working with survivors is preferred but not required
- An unparalleled passion and drive for supporting survivors of interpersonal violence on campus and promoting holistic healing at large

## Questions or looking for another way to get involved?

If you have any additional questions about our organization, or the application process, or want to connect about the organization in another way, please contact us at: <a href="mailto:apply@thethrivinginitiative.org">apply@thethrivinginitiative.org</a>.

For more information on *The Thriving Initiative* and our upcoming programs please visit our website at <a href="https://www.thethrivinginitiative.org/">https://www.thethrivinginitiative.org/</a> and follow us on social media <a href="https://www.thrivinginitiative">@thrivinginitiative</a>)!

Apply at: https://forms.gle/ggj9Qka8WkvBgd6t7